

## Primary Health Centre- Khirasara

Vill: Khirasara, Ta. Lodhika, Dist : Rajkot

Ph.No.:- ---

E-mail - [phckhirasara.health.rajkot@gmail.com](mailto:phckhirasara.health.rajkot@gmail.com)



Dt.02.04.2024

### CERTIFICATE

#### TO WHOM IT MAY CONCERN

This is to certify that total 106 students of 4th year BHMS( 2024- 2026), of Rajkot Homoeopathic Medical College, Parul University, had visited Khirasara Primary Health Centre, on dated 02-04-2024 under the guidance of Department of Practice of Medicine.

Prof(Dr) Shailendra Bhamar ,HOD, Dept. of Practice of Medicine, Assistant Professor Dr Urmila Bhargariya, Department of Practice of Medicine, accompanied and guided the students during the visit.

~~MEDICAL OFFICER,  
PRIMARY HEALTH CENTRE  
KHIRASARA, TA : LODHIKA~~

Parul®  
University  
University

NAAC  
ACCREDITED UNIVERSITY

NAAC  
ACCREDITED UNIVERSITY

RAJKOT HOMOEOPATHIC MEDICAL COLLEGE

RAJKOT HOMOEOPATHIC MEDICAL COLLEGE

DEPARTMENT OF PRACTICE OF MEDICINE

PROPOSAL LETTER

To  
The Principal  
Rajkot Homoeopathic Medical College,  
Parul University, Rajkot.  
Gujarat.

Date- 14-03-2024.

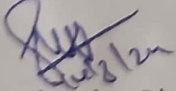
Sub: To arrange an academic Visit to any PHC.

Respected sir,

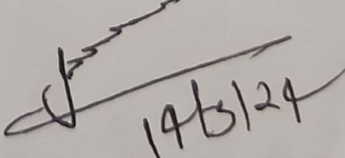
We would like to arrange an academic visit for the students of 4<sup>th</sup> BHMS (Session – 2024 – 2026) at any PHC for their academic purposes. So, in this regard Department of Practice of medicine is seeking your permission to conduct an Academic Visit to PHC, Gujarat, which will be convenient for our students, preferably in the first week of April 2024.

Your kind co-operation is highly solicited.

Thanking you,  
Yours faithfully,

  
Prof (Dr) Shailendra Bhamar.  
H.O.D.  
Department of practice of Medicine.

HOD  
Department of Medicine  
R. H. M. C.

  
14/3/24

Prof (Dr) Hitarth Mehta  
PRINCIPAL  
Rajkot Homoeopathic Medical College

PRINCIPAL  
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE  
RAJKOT.





**Parul®**  
**University**

**NAAC**  
**GRADE A++**

DEPARTMENT OF PRACTICE OF MEDICINE

PERMISSION LETTER

To  
The Medical Officer  
Khirasara Primary Health Center  
Gujarat

Date- 14-03-2024

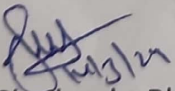
Sub: To arrange an academic Visit to tour esteemed PHC.

Respected sir,

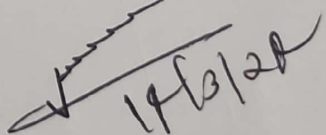
We would like to arrange an academic visit for the students of 4<sup>th</sup> BHMS (Session – 2024 – 2026) at any PHC for their academic purposes. So, in this regard Department of Practice of medicine is seeking your permission to conduct an Academic Visit to PHC Khirasara, Gujarat, at any convenient date to you, preferably in the first week of April 2024. Our students are eagerly waiting to visit your esteemed industry.

Your kind co-operation is highly solicited.

Thanking you,  
Yours faithfully,

  
Prof (Dr) ShailendraBhamar.  
H.O.D.  
Department of Practice of Medicine.

HOD  
Department of Medicine  
R. H. M. C.

  
Prof (Dr) H.N. Mehta.  
Principal.  
Rajkot Homoeopathic Medical College.

PRINCIPAL  
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE  
RAJKOT.

**Rajkot Homoeopathic Medical College**  
Faculty of Homoeopathy



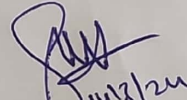
DEPARTMENT OF PRACTICE OF MEDICINE

Date – 14-03-2024

CIRCULAR

All the students of 4<sup>th</sup> BHMS are hereby informed that Department of Practice of Medicine has organized an academic visit to Primary Health Center, KHIRASARA On 02-04-2024.

Your presence is mandatory. Absence without prior permission will attract a disciplinary action.

  
H.O.D.

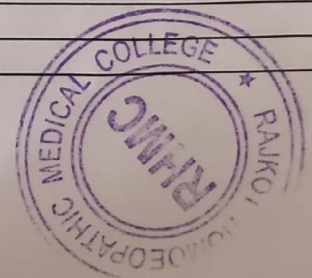
Department of Practice of Medicine.

HOD  
Department of Medicine  
R.H.M.C



ACADEMIC VISIT - PRIMARY HEALTH CENTER, KHIRASARA, RAJKOT

No	Name	Signature	Remark
1	Aakhunji Tarannum		
2	Aailiyani Neer Prakashkumar		
3	Ahir Dineshkumar Bhikhabhai		
4	Ardehana Naisargee Pravinkumar		
5	Babariya Emani Dineshbhai		
6	Babariya Madhaviben ashvinbhai		
7	Baldha Kruti M.		
8	Bambhoriliya Prushti M.		
9	Bediya Arti Hasmukhbhai		
10	Bhadrecha Krutyaksha Kanaiya		
11	Bhanderi Kishankumar Pravinbhai		
12	Bhindora Aastha Jayeshbhai		
13	Bhut Isha Sanjaybhai		
14	Chaniya Mahek Ibrahimbhai		
15	Chaudhari Krutikumari Pankajbhai		
16	Chaudhari Maitri Vinodbhai		
17	Chauhan Kajal Rasikbhai		
18	Chauhan Mahima Ghanshyambhai		
19	Chauhan Poojaben Baldevbhai		
20	Chauhan Pradip Chandubhai		
21	Chavda Manas Rajeshbhai		
22	Chavda Vishvrajsinh J.		
23	Chudasama Brinda Bakulkumar		
24	Dalsania Dhwani Vijay		
25	Dangar Priyanka Amarshibhai		
26	Dedakiya Urvi Denishkumar		
27	Deraiya Sahil Gafarbhai		
28	Dharaviya Manisha Rameshbhai		
29	Dholakia Shreya Rajeshbhai		
30	Dholariya Rajan Sanjaybhai		
31	Dobariya Dhruvkumar Hasmukhbhai		
32	Dobariya Nirali Rameshbhai		
33	Gamit Sanjanaben Prakashbhai		
34	Gohel Parth Mayurbhai		
35	Gohel Priya Jagadishbhai		
36	Gojiya Kirti Kanabhai		
37	Gosai Kirti Atulpuri		
38	Jagiyani Aman Prakashbhai		
39	Javiya Hetviben Jayantibhai		
40	Jobanputra Kashish Vijaybhai		
41	Jogani Abhishek Ashokbhai		
42	Joshi Palakben Maheshkumar		
43	Kanajariya Kaushik Kantilal		
44	Kanzariya Siddhi Bhaveshbhai		
45	Kareliya Rutvi Balmukundbhai		
46	Khunt Manali Kaushikbhai		
47	Koriya Janki Navnitkumar		
48	Kukadia Gautami Dineshbhai		





No	Name	Signature	Remark
49	Labdiya Divya Pravinbhai		
50	Limbasiya Dhruvi Rameshbhai		
51	Limbasiya Jatin Rameshbhai		
52	Maheshwari Mahek Manojbhai		
53	Makwana Hardik Rajeshbhai		
54	Makwana Nishit Nileshbhai		
55	Makwana Omika Vikrambhai		
56	Manchandia Jatin Pradeep		
57	Maradiya Meet Hiteshbhai		
58	Mendpara Priyanshu A.		
59	Mer Nimit Arvindbhai		
60	Mevada Krupali Dipakbhai		
61	Mevasiya Anjali Rajeshbhai		
62	Multani Sarfraj Abbasbhai		
63	Nakum Prakash Vijaybhai		
64	Nariya Hetvi Mitesh		
65	Pabari Esha K.		
66	Padnani Dev Rameshbhai		
67	Pambhar Manan Kishorbhai		
68	Pambhar Viraj Girishbhai		
69	Paradava Shivani Sukhlal		
70	Parakhiya Gopi Jagdishbhai		
71	Parekh Kesha Manojbhai		
72	Parkara Khyati Sanjaybhai		
73	Parmar Khushali Mahendrabhai		
74	Parmar Pratik Amarshibhai		
75	Parmar Priyaben Jayeshbhai		
76	Patat Bhautik Devashibhai		
77	Patel Arpita Bhaskarbhai		
78	Patodiya Isha Dilipbhai		
79	Prajapati Satishbhai L.		
80	Rajatiya Vishva Laxmanbhai		
81	Rughani Jay Harshadbhai		
82	Sagpariya Kruti Batukbhai		
83	Sangani Fenaben Sanjaybhai		
84	Satasiya Hemangiben Bhaveshbhai		
85	Savani Kinnari Jitendrabhai		
86	Shah Devanshi Virendra		
87	Sheikh Mahir Mohammad Ishaq		
88	Solanki Jagruti Jayantibhai		
89	Solanki Prakruti Paragbhai		
90	Soni Niyati Hiteshbhai		
91	Thar Grisha Shilpesh		
92	Tilala Dhru Chetanbhai		
93	Vadher Bhargav Vijaybhai		
94	Vadher Jay Dhirajbhai		
95	Vadodariya Krupa Shaileshbhai		
96	Vagadiya Dharmik Parsotambhai		
97	Vaghasiya Smruti Ashokbhai		
98	Vaghela Priya Rameshbhai		
99	Vakhariya Asfak U.		
100	Vala Abhijit Ranjitbhai		
101	Valand Parth Mitulbhai		
102	Vithalani Kaveri Bhavinkumar		
103	Vithlani Dev Piyushbhai		
104	Zala Jahnvi Ketanbhai		
<b>Repeater</b>			
105	Humbal Mansi Atulbhai		
106	Kanzariya Bhavik Vinodbhai		





A Report on visit to  
**PRIMARY HEALTH CENTER**

ON 2<sup>nd</sup> April, 2024

At Khirsara, Rajkot 360021



**ORGANISED BY,**

**DEPARTMENT OF PRACTICE OF MEDICINE**

**GUIDED BY :**

Dr. SHAILENDRA BHAMAR (HOD)

Dr. CHETAN LALSETA (Associate  
Professor)

**PREPARED BY :**

ARDESHANA NAISARGEE

Roll no : 04

4th BHMS (2024 -2026)



*[Signature]*  
31/1/24  
HOD  
Department of Medicine  
R. H. M. C.







- **PLACE OF VISIT:**  
PRIMARY HEALTH CENTRE,  
Khirasara Rajkot-360021

- **DATE OF VISIT :**  
2ND APRIL, 2024

- **ABOUT VISIT :**

The PHC is situated in **Khirasara** village of Lodhika taluka, Rajkot district and it is NABH accricated.



- **OBJECTIVE OF VISIT :**

1. To provide comprehensive primary health care to community through The Primary Health Centres.
2. To Achieve and Maintain acceptable standards of Quality of Care.
3. To make the services more Responsive and Sensitive to the needs of the Community.









## ❖ DRESSING ROOM

- Dressing of injuries caused by road accidents, clean cut injuries is carried out.
- Post surgical dressings are also done.
- Before dressing cleaning of wound is carried out.
- According to the requirement of case tetanus injection, pain killers, antiseptic, antibiotic and local anaesthesia is given.
- Dressing material like cotton, spirit, tincture iodine, antiseptic, bandage, rolled bandage, plaster, surgical pads, absorbent gauze, etc. are used.
- Biochemical waste collection bins are also present to properly dispose the waste material produced due to dressing.

## ❖ OPD

- There are 2 medical officer present in out door patient department:

1. MBBS Doctor
2. AYUSH Medical officer



- OPD timings are depended on seasons:
  1. Winter: 9:00 a.m.to 1:00 p.m.
  2. Summer and Monsoon: 8:30 a.m.to 12:30 p.m.
  3. Evening:4:00 p.m.to 6:00 p.m.
- OPD is open daily except national holiday.

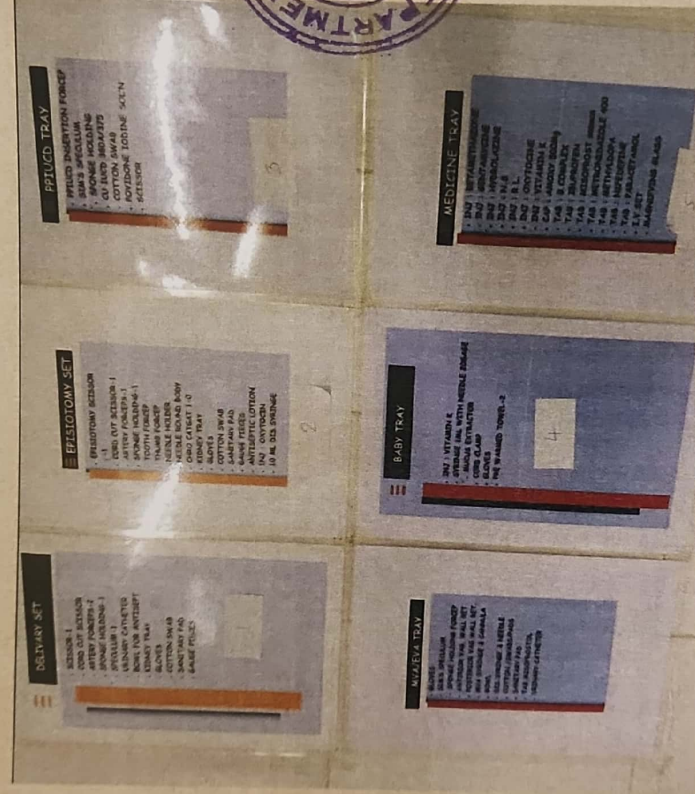
## ❖ PHARMACY

- Medicines and injections are dispensed as per prescribed by Medical officer.



## ❖ LABOUR ROOM

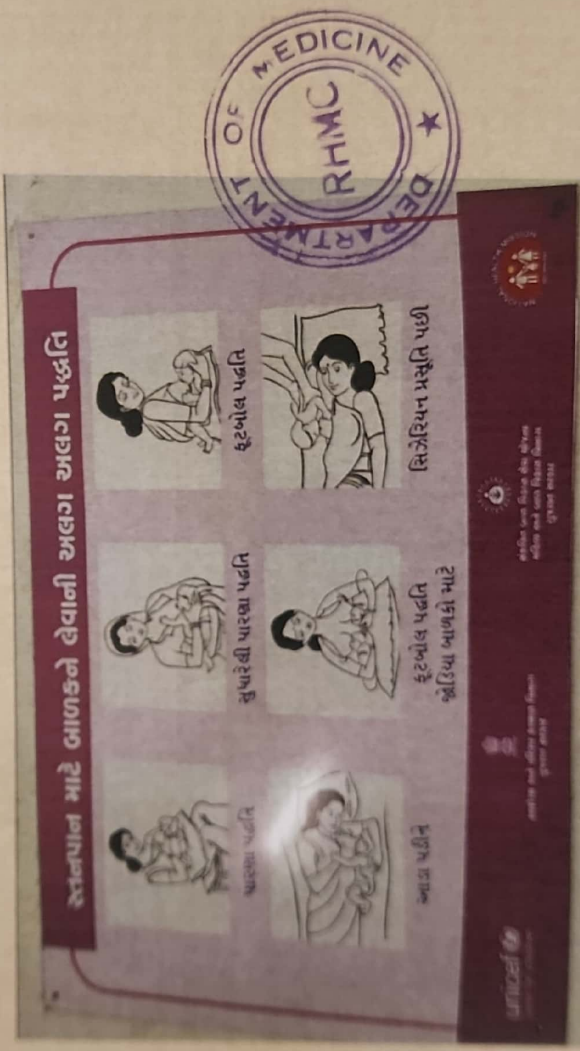
- Labour room is well acquainted and all the necessary facilities are provided and proper hygiene is maintained as per the protocol.
- There is washroom inside the labour room and there are 2 doors which lead to the labour room if there is any emergency, 2nd door can be used.
- Suction machine and oxygen cylinder and 7 trays are available.
- There is baby corner present in the labour room which contains baby warmer.





## ❖ IPD FEMALE WARD

- There are 3 beds out which one was reserved for emergency.
- There was a bed confined for post-natal care where child and mother can stay after the delivery of child for 1-2 days.
- Here, method of breast feeding is also taught to mothers.
- Kangaroo Mother care is a special method of care of low birth weight babies.
- Kangaroo Mother Care consists of keeping the baby in close skin-to-skin contact with his/her mother as practiced by female kangaroo animal for their babies.
- Such Kangaroo Mother Care Chair is also placed for Mothers who need to take care of their babies accordingly.



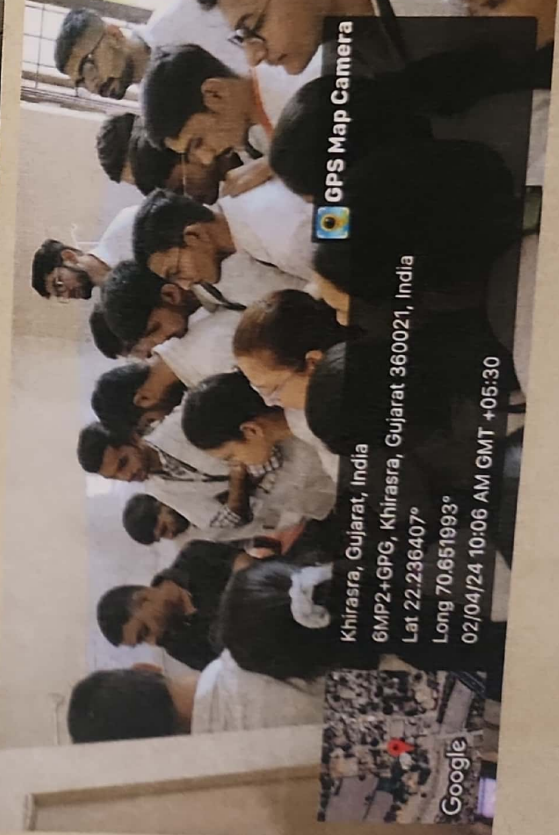


## ❖ IPD MALE WARD

- There were 3 beds out of which one is reserved for emergency cases.

## ❖ EMERGENCY WARD

- Emergency cases like accidental, snakebite, cardiac emergency, fire, etc. are treated.
- Cases are taken on the basis of priority and follows triage system.
- There was an emergency bell to inform any kind fire emergency or cardiac urgency





## ❖ LABORATORY ROOM

- Tests are carried out during the OPD timings.
- Various tests are carried out in laboratory.
- Tests like:

- ✓ Blood report
- ✓ Glucose test: FBS, HbA1C, PPBS, RBS
- ✓ Pregnancy test
- ✓ Urine routine and micro
- ✓ Covid antigen test
- ✓ CRP
- ✓ LFT

## ❖ BIOMEDICAL WASTE

- Biomedical waste or hospital waste is any kind of waste containing infectious (or potentially infectious) materials.
- It may also include waste associated with the generation of biomedical waste that visually appears to be of medical or laboratory origin.

